

BEST PRACTICES

Center of Internal Quality and Assurance: For the better quality we implement through Student Login launch. Better monitoring and launch of Grievance redressed Mechanism. Involvement of External Experts at all levels for quality management. Devise mechanisms for interaction and obtain feedback from various Departments of DDE, SVSU. Ensuring participation of all stakeholder, learners, teachers, staff, parents, society, employers and the Government in quality improvement processes.

The Context: Our country is moving towards an alarming stage of Health status with exponential increase in Lifestyle & Stress related diseases like Diabetes Mellitus, Hypertension, Obesity, Metabolic Syndrome etc. These disorders can be prevented/ managed/ rehabilitated effectively with awareness Programs & Hands on Experience of Simple Healthy tips. The wellness program has been designed keeping in mind the health care needs of individual as well as the society. It caters to community through regular interactions and participation of all the stakeholders. Emphasis is laid upon health promotion through school education programs and individual based awareness so as to promote public health through active engagement and capacity building. The major aspect of wellness center is to facilitate the use of appropriate technology for improving access to health care and treatment initiation.

Preparedness: Prepare a Program Project Report for each Program according to the norms and guidelines as prescribed by the Commission and wherever necessary by the appropriate regulatory authority having control over

the program. Student Login facilities are provided for better services to Students. Overseeing the development of Study Learning Material (SLM) and Integration of

ICT: Information and Communication Technology (ICT) Arrange for feedback responses from students, employers and other stakeholders for quality related institutional processes; Develop quality benchmarks or parameters for the various academic and administrative activities of DDE, SVSU. Obtain information from other Higher Educational Institutions (HEI's) on various quality benchmarks or parameters and best practices; Ensuring similarity and equality between Distance and Regular curriculum and examination

Evidence of Success: With a view to improve awareness, a series of Lectures and workshops organized on various themes such as Wellness Orientation Program, Health & Happiness in your hands and Mental Hygiene etc. have been taken up to spread the message of prevention and promotion of health through wellness practices throughout the year. Within the 4 years of implementation of this practice, the Yoga and Wellness Centre and associated team have been trained more than 10,000 Students, 2500 faculty members and other non-teaching staff within the University. All programs were highly appreciated by the participants as they find it very interesting and useful as well. University also organized many outreaches and extension awareness and sensitization programmes related to Health and Wellness.

During Pandemic (COVID-19) International Yoga Day was celebrated online in which 457 students were given the practice of yoga for one week as “Yoga Week”. A live telecast of the program was aired by Subharti TV Channel & dated on 7.30 AM on Sunday, 21st June 2020 in which 762 families and 2223 people had participated. The Wellness Center is well on its way of strengthening the

delivery of primary health care in accordance with the National Health Policy 2017. We have already started creating the digital records for all the individuals visiting the Wellness Centre so that their treatment needs are easily accessible as and whenever required. This digitalization will also help us in follow up of services that every individual is receiving and can also be beneficial at the time of tele-consultancy.